

STAMP CERTIFICATION

I completed this passport on _____ date _____.

My Junior Leader, _____ name _____,

of _____ Junior Grange # _____,

(or, if a 1+ Junior member, my mentor is a member of

_____ Grange # _____)

approved my stamp on _____ date _____.

Junior Leader Signature _____

NOTES ON STEPS/STAMP WORK



Reducing Food Waste

Discovery Network #12

DIFFICULTY LEVEL ★ ★ ★ ★ ★

AUDIENCE

Designed to be completed sequentially as Juniors grow, with culmination after Junior member has achieved at least a sixth-grade reading level and understands internet research. *To earn the stamp, all steps must be completed but need not be done in order.*

NECESSARY RESOURCES

Internet access, printer and paper, digital kitchen scale

LEARNING OBJECTIVES

The purpose of this passport is to educate Junior Grangers about food waste with a specific look at ideas about conservation and stewardship.

LEARNING OUTCOMES

- Upon completion, Junior Grangers will be able to
- define the term “food waste”
 - explain how food waste is bad for the planet
 - identify several steps they can take to reduce food waste
 - provide a basic explanation of composting
 - prepare at least one dish using a food in a less common way to avoid it becoming waste

Step 1

Define food waste: _____

Step 2

Create a grocery list with your parent or guardian and go shopping with them. Talk about when and how each item will be used, its expiration date and how to make good choices and limit your household food waste.

Date Completed: _____

Step 3

Take part in a meal with your Subordinate Grange in which you weigh the food remaining on each plate after people are finished. Report back to the Grange and help lead a discussion about food waste. Encourage Grangers to work to reduce food waste in their daily lives.

Date Completed: _____

Step 4

Using the Reducing Food Waste materials from the National Grange (attached, found online or in Good Day!™ Volume 3, Issue 4 Perspective Section, pages 70-96), ask each of your Subordinate Grange members and each of the parents of Junior Granges which of the ten types of food identified most frequently become food waste in their homes, then provide them the corresponding infosheet.

Date Completed: _____

Step 5

Along with the rest of your Junior Grange members, work with your Junior Grange leader to complete the Preventing Food Waste Worksheet at Home from the National Grange and put a copy on your refrigerator at home.

Date Completed: _____

Step 6

Learn about composting and give a presentation to your Grange or Junior Grange (individually or as a group) about the process, how to create a composting bin and the benefits of composting.

Date Completed: _____

Step 7

Using the food waste prevention recipes provided by the National Grange or any Grange cookbook, make a potluck item for you Grange or Junior Grange from food that may otherwise go to waste.

Date Completed: _____

Step 8

Come up with your own recipe to use a food in your home that may otherwise go bad and make it for your family to try. Turn in the recipe to your Junior Grange leader with a note from one other family member about their opinion of the dish.

Date Completed: _____

Step 9

Create a large 11"x17" or larger) poster and a tri-fold (8.5"x11") brochure to give to people who come to your Grange or to provide to your school that introduces other kids to food waste and encourages them to do their part to reduce food waste. Send a copy of each to the National Junior Grange director.

Date Completed: _____